

A Benefit for You

What Others Say About EAC:

"The counselor was professional, courteous, and genuinely interested in assisting me." - EAC client

"Services were above and beyond my expectations!" - EAC client

"EAC is not only an added benefit at our company, but a necessity in helping maintain employee productivity and satisfaction" - Human Resources Director



Visit the Work/Life Website Link

The Work/Life website is a dynamic, on-line resource for employees and their families to obtain expert advice and support. To log on, simply follow the steps below:

1. Go to www.eaccares.com and click on the Work/Life Resources link. This will direct you to the login page.
2. Enter the name of your employer into the "Username" box. If you have questions about your username, please contact EAC at 1.800.227.0905.



Improving the Lives of Individuals, Families, and Communities

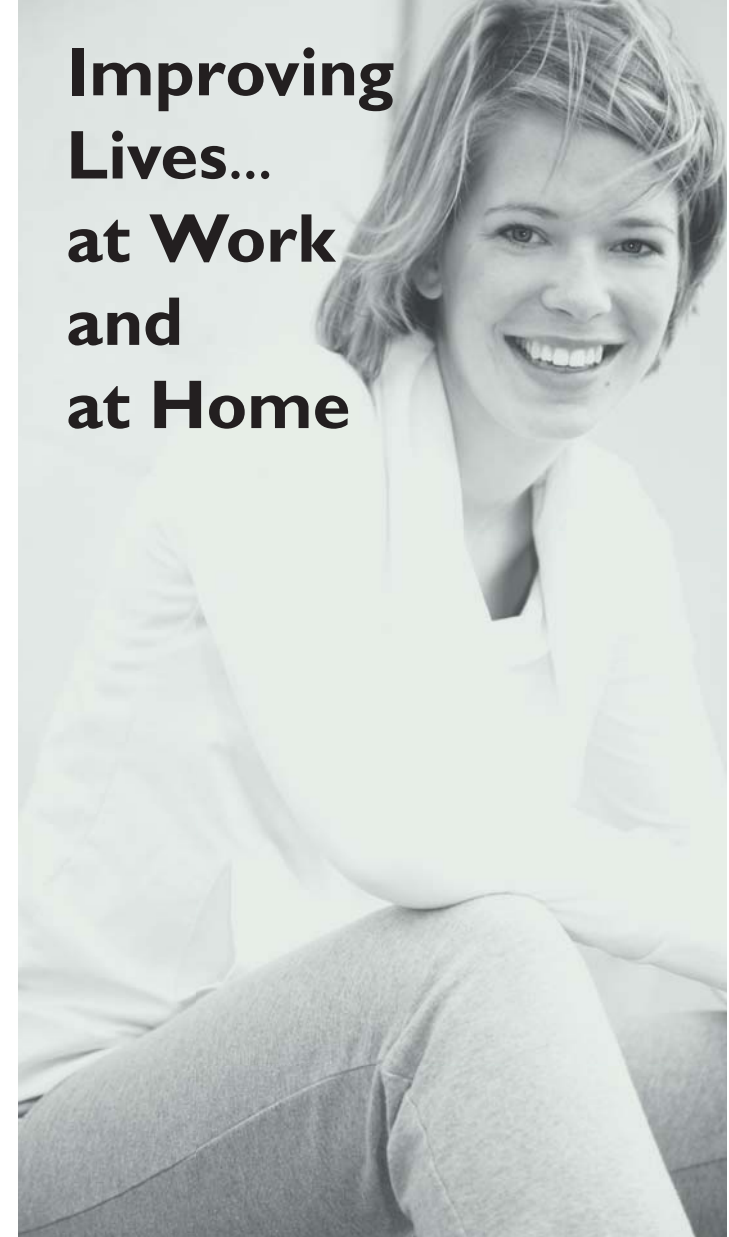
Employee Assistance Center (EAC) has been helping employers and employees since 1979. Our services are available throughout West Michigan and the nation:

- Grand Rapids
- Grandville
- Grand Haven
- Holland
- Ionia
- Nationwide Provider Network:
Locations throughout the country

You can reach any of our offices by calling 1.800.227.0905.

EAC is a division of Proaction Behavioral Health Alliance, a collection of organizations working together to improve the lives of individuals, families, and communities.

Improving Lives... at Work and at Home



Improving Lives... at Work and at Home
1.800.227.0905

www.eaccares.com



Call Us; We're Here to Help
1.800.227.0905

A More Productive Life

Some Problems Just Can't Be Solved Alone

We all need help sometimes. Relationships are tested, children act out, parents become ill, plans fail, and emotions take on a life of their own. Recognizing that we may need help in these situations is the first and most important step to solving our problems. All too often, we don't know where to turn for assistance.

Your employer recognizes that any problem affecting your well being and happiness also affects your job performance and satisfaction. Employee Assistance Center (EAC) is a resource available to help.

EAC provides confidential assistance to you and your household members when personal issues are affecting your quality of life and/or job performance.

Our goal is to help you and your family lead a fuller and more productive life.



Getting Help is Easy

How Do I Access EAC?

It's easy to get the help you need. Just call 1.800.227.0905 to access convenient, professional and confidential assistance—24 hours a day, seven days a week.



How Much Does It Cost?

Your employer pays for a specific number of sessions with EAC for you and your household members per year. Contact EAC to determine how many sessions are covered. If further counseling or other treatment outside of EAC is needed, your counselor will assist you with an appropriate referral.

Is EAC Voluntary?

Yes, EAC is voluntary unless your employer requires you to attend as a condition of continued employment. At times, a supervisor may suggest using the program as a helpful resource.

Will Using EAC Jeopardize My Job?

No. We're here to help you do your job as effectively as possible, so you can become even more valuable to your employer.

Is EAC Confidential?

Yes, EAC is a strictly confidential service. No information, written or verbal, is given to your employer or anyone else without your written consent.

Experienced Counselors

A Wide Area of Expertise

EAC is available to help you and your family with a wide variety of issues, including:

- Personal Problems
- Depression
- Family Relationships
- Alcohol/Drug Problems
- Stress and Anxiety
- Anger Management
- Domestic Violence
- Eldercare and Aging Concerns
- Grief and Loss Issues
- Financial Counseling Referrals
- Legal Referrals
- Child Care Referrals

Your EAC counselor will help you:

- Identify problems and better understand the issues that caused you to seek assistance
- Develop options and explore ways of addressing the problems
- Decide on a course of action



Employee Assistance Center

Employee Assistance Center (EAC) is a benefit provided by your employer to help you and your family address personal problems and manage the demands of work and home life. We can help with personal and family concerns such as:

- Substance use
- Depression
- Job-related conflicts
- Marital concerns
- Financial referrals
- Grief/loss
- Stress/Anxiety
- Anger management
- Eldercare
- Legal referrals